

# GOUT: The Forgotten Inflammatory Arthritic Disease

## Outcome Questions

Please complete the following questions prior to the start of the program.

<b>Name</b>	
<b>Affiliation</b>	
<b>Date</b>	

1. Which of the following is **NOT** associated with an increased risk of developing gout?
  - A. Hypertension
  - B. Male gender with BMI of  $\geq 35$  kg/m<sup>2</sup>
  - C. Consumption of low-fat dairy products
  - D. Alcohol consumption
2. The definitive diagnosis of gout is made by the identification of monosodium urate crystals in the fluid from joint aspiration.
  - A. True
  - B. False
3. First-line therapy of an acute gouty attack includes all of the following **EXCEPT**
  - A. Colchicine
  - B. NSAIDs
  - C. Steroids
  - D. Urate-lowering therapy
4. The goal of urate-lowering therapy is to consistently maintain serum uric acid levels at
  - A. <7.0 mg/dL
  - B. <6.5 mg/dL
  - C. <6.0 mg/dL
  - D. <5.5 mg/dL
5. Regarding the febuxostat vs allopurinol phase 3 randomized controlled trial in subjects with gout and serum uric acid  $\geq 8.0$  mg/dL, which of the following statements is correct?
  - A. The primary end point was the reduction in tophus area
  - B. Significantly more patients in the febuxostat arms than in the allopurinol arm achieved a serum uric acid of <6.0 mg/dL at the last 3 monthly visits
  - C. The incidence of gout flares during weeks 9-52 was significantly lower in the allopurinol arm than in the febuxostat arms
  - D. None of the above

Please fax completed questionnaire with evaluation material to **1-866-401-4145**